Prepare your Household Emergency Kit

We enjoy a wonderful climate and lifestyle in Queensland. However, natural hazards such as cyclone, storm, and flood are an inevitable part of our environment. History has shown that we cannot afford to be complacent about the dangers they present.

Take time now to prepare for emergencies by:
- Preparing your Emergency Plan;
- Preparing your Emergency Kit;
- Preparing your home; and
- Tuning into warnings

These simple tasks can help you prepare for, survive, and minimise the impact of natural disasters.

Here is a range of suggested tips to help prepare your Emergency Kit and ensure everyone in your household is prepared:

- Store your Emergency Kit in a safe, accessible place.
- Ensure householders are all aware of the location of your Emergency Kit.
- Keep a copy of this Emergency Kit Checklist in your kit.
- Check the contents of your kit regularly to ensure items are in working order and have not expired.
- Discuss the contents of the kit with your household and make sure everyone knows what to do if an emergency occurs.

The following lists include items to have in your kit at all times and extra essentials to add to your kit during the storm and cyclone seasons for when weather warnings are issued.

Items to include in your Emergency Kit at all times

**Food and water**
- Range of non-perishable food items
- Bottled water

**Medical and sanitation supplies**
- First Aid Kit and manual
- Essential medications, prescriptions and dosage
- Toilet paper
- Toothbrush/toothpaste
- Soap/shampoo
- Personal hygiene items

**Light**
- Flashlight/torch with extra batteries
- Battery powered lantern

**Communications**
- Battery powered radio with extra batteries
- Traditional wired telephone
- Prepaid phone cards and coins for phone calls

**Clothing and footwear**
- Warm jumper, waterproof jacket, hat and gloves for everyone
- Closed-toed shoes or boots for everyone

**Tools and supplies**
- Whistle, utility knife, duct/masking tape
- Plastic garbage bags, ties
- Safety Glasses and sun glasses

**Miscellaneous items**
- Special Items for Infants (nappies, formula etc)
- Special items needed by elderly or people with special needs
- Spare house and car keys
- Pet food, water and other animal needs

**Important documents**
- Keep original or certified copies of the following documents in your Emergency Kit. Scan copies of these documents and save on a USB memory stick or CD to include in your kit. Keep all these items in sealed plastic bags.
- Insurance papers for your house and contents, cars, and for valuable items
- Inventory of valuable household goods
- Wills and life insurance documents
- House deeds/mortgage documents
- Birth and marriage certificates
- Passports/visa details
- Stocks and bonds
- Medicare, pension cards, immunisation records
- Bank account and credit card details
- A back-up copy of important computer files
- Household Emergency Plan with emergency contact phone numbers

always remember

Having an Emergency Kit is an important step for your family to prepare for, survive and cope with emergencies.

All householders need to know where your Emergency Kit is kept.

Check and update the contents of your Emergency Kit regularly.
## Emergency Kit

Extra items to include in your Emergency Kit during cyclone and storm season.

Weather warnings are issued when emergencies like floods, storms and cyclones are expected. During storm and cyclone season add the following items to your Emergency Kit.

It is preferable to keep stocks of these items in your kit all the time. However, if you do not have enough space in your kit – make a note of where to find the extra items in your home so you can collect them quickly. If you have visitors during an emergency, you will need supplies for them also.

### Food and water

<table>
<thead>
<tr>
<th>in kit</th>
<th>or Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Three days supply of non-perishable food (plus can opener, cooking gear, plates and utensils)</td>
<td></td>
</tr>
<tr>
<td>Clean water in sealed containers</td>
<td></td>
</tr>
<tr>
<td>(10 litres per person is recommended for three days supply)</td>
<td></td>
</tr>
<tr>
<td>Water purification tablets</td>
<td></td>
</tr>
</tbody>
</table>

### Medical and sanitation supplies

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Extra supplies of medications</td>
<td></td>
</tr>
<tr>
<td>Extra toiletry and sanitary supplies, sunscreen and insect repellant</td>
<td></td>
</tr>
<tr>
<td>Prescription details for all medications</td>
<td></td>
</tr>
<tr>
<td>Spare spectacles</td>
<td></td>
</tr>
</tbody>
</table>

### Tools, communications and supplies

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Wide masking tapes for windows</td>
<td></td>
</tr>
<tr>
<td>Wrench or pliers to turn off all utilities</td>
<td></td>
</tr>
<tr>
<td>Tent or tarpaulin</td>
<td></td>
</tr>
<tr>
<td>Woollen and thermal blankets</td>
<td></td>
</tr>
<tr>
<td>A mobile phone, spare battery and charger</td>
<td></td>
</tr>
</tbody>
</table>

### Clothing and footwear

<table>
<thead>
<tr>
<th>in kit</th>
<th>or located</th>
</tr>
</thead>
<tbody>
<tr>
<td>Change of clothes for everyone, stored in plastic bags</td>
<td></td>
</tr>
<tr>
<td>Spare clothes and bedding</td>
<td></td>
</tr>
</tbody>
</table>

### Miscellaneous items

| Extra supplies for infants (extra formula, nappies etc) | |
| Extra items for the elderly or people with special needs | |
| Spare cash in case electronic bank tellers don’t work | |
| Pets provisions and information, (eg vets papers, leash, food & water, collars with identification tag, pet beds, litter pan & scooper, carrier or harness, medication) | |

---

For more information on preparing for emergencies visit [www.disaster.qld.gov.au](http://www.disaster.qld.gov.au)